

## To-Do List

## Do the simple ones ASAP: Work Steadily on the other tasks!

- ☐ Lie in every bed in your house and look up/around – what might fall on you?
- ☐ Remove or secure pictures / shelves / heavy furniture around bed
- ☐ Sturdy shoes and socks under everyone's bed
- ☐ Light source under bed (flashlight/headlamp) – put shoes & light in a bag and secure to bedpost
- ☐ Power outage lights, or flashlights, in rooms that would be hard to get out of without light
- ☐ Throughout home/work - secure heavy furniture / pictures / book shelves / refrigerator
- ☐ Throughout home/work - move heavy, breakable items to lower shelves
- ☐ Find – label – educate family members on how to turn off the water (in/out the house)
- ☐ Find – label - educate family members on how to turn off the gas (located outside)
- ☐ Designate an out-of-town contact person (Spokane or further away)
  - ☐ Explain how to use this person
  - ☐ Give that designated person a list of people to contact
  - ☐ Practice communicating (put the time in every text msg)
- ☐ Print a list of emergency numbers - put them in your desk, wallet, glovebox, gym bag, etc.
- ☐ Sign up for “Emergency Alerts” – Seattle and King County – VERY IMPORTANT!!
- ☐ Sign up for Smart 911 – Give first responders the info they need to help you
- ☐ Create ICE (In Case of Emergency) contact in your phone – add to your phone’s locked screen
- ☐ Download smartphone apps (handout)
- ☐ Assemble a “Get Home Bag” for car or work
  - ☐ Water & Food
  - ☐ Map!
  - ☐ Sturdy shoes
  - ☐ Cash
  - ☐ Flashlight / headlamp / extra batteries
  - ☐ Whistle
  - ☐ Rain poncho / large plastic bags
  - ☐ Mask
  - ☐ Emergency phone numbers
  - ☐ Picture of family / pets
- ☐ **WATER!!**      1 gallon per person per day x 14 days  
                                 $\frac{1}{3}$  gallon per pet per day x 14 days      I need \_\_\_\_\_ gallons
- ☐ Stash bottled water! Empty freezer space, car doors, behind the toilet, back of the closet, etc.
- ☐ Strap down water heater!
- ☐ **FOOD** – stock up on non-perishables
- ☐ Plan for pets: Safe place to stash them? Extra food? Meds?
- ☐ **EMERGENCY TOILET** – find plastic bags that fit your current toilet and stock up, or...
  - ☐ Make your own Twin Bucket Toilet (handout)
- ☐ Get extra stash of important meds
- ☐ Scan important documents onto thumb drive and/or the “cloud” – store safely
- ☐ Stash cash (small bills) somewhere safe
- ☐ Get on the email list for the Emergency Communication HUB(s) closest to home, work, etc.  
[www.SeattleEmergencyHubs.org](http://www.SeattleEmergencyHubs.org)
- ☐ Keep learning! ([www.Seattle.gov/Emergency-Management/about-us/event-calendar](http://www.Seattle.gov/Emergency-Management/about-us/event-calendar))
- ☐ Request training for neighbors/work/etc. ([www.Seattle.gov/Emergency-Management/training](http://www.Seattle.gov/Emergency-Management/training))

### Items Specific to Me

[illegible]